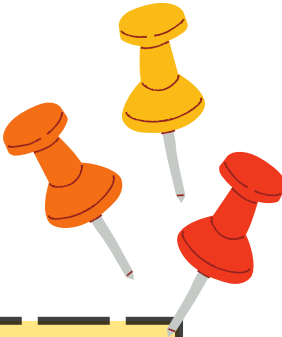


August



BEACON COLLEGE PREP



Monday

Tuesday

Wednesday

Thursday

Friday



Back to SCHOOL



15

15

16

BREAKFAST: Peaches
Cereal
Milk

LUNCH: Chicken Chop Chop
Brown Rice
Black Beans
Corn
Peaches and Milk

SNACK: Oatmeal Cookies with Juice

19

BREAKFAST: Cinnamon Apple
Bagel w/ cream cheese and jelly
Milk

LUNCH: Our Famous Meatballs
Spaghetti
Garlic Bread
California Blend
Mandarin Oranges and Milk

SNACK: Cheetos and Juice

20

BREAKFAST: Egg Burrito
Fruit Cocktail And Milk

LUNCH: Chicken Quesadilla
Peas & Carrots
Sweet Corn Salad
Bread Roll
Pears and Milk

SNACK: Pretzels** and Juice

21

BREAKFAST: Mandarin Oranges
WG Waffles w/ syrup
and Milk

LUNCH: Beef Picadillo
Brown Rice
Steamed Plantains
Steam Carrots
Mandarin Orange and Milk

SNACK: Cheez it Crackers and Juice

22

BREAKFAST: Pears
Banana Bread w/ butter
Boiled Eggs

LUNCH: Pizza
Mixed Green Salad w/ Ranch
Slushy
Bread and Milk

SNACK: Lays and Juice

23

BREAKFAST: Fruit Cocktail
Cereal And Milk

LUNCH: Cheeseburger with ketchup
Hamburger Bun
Steam Broccoli
Mandarin Oranges and Milk

SNACK: WG Crackers and Juice

26

BREAKFAST: Choco Banana Bread
Applesauce
and Milk

LUNCH: Arroz con Pollo
Brown Rice
Mixed Green Salad w/ Ranch
Corn***
Slushy and Milk

SNACK: Choco Cookies and Juice

27

BREAKFAST: English Muffin
Egg Patty w/ Ham
Pears
And Milk

LUNCH: Yummy Beefaroni
Cheese Bread
California Blend
Applesauce
Milk

SNACK: Muffin and Juice

28

BREAKFAST: Red Apple
Bread
Mini Quiche
and Milk

LUNCH: Classic Ground Taco Beef
Nacho Chips
Mexican Corn and Sheered lettuce
Refried Beans
Fruit Cocktail and Milk

SNACK: Juice & Chips

29

BREAKFAST: Mandarin Oranges
Biscuit
Sausage
And Milk

LUNCH: Pizza
Steam Carrots
Pears
Milk

SNACK: Doritos and Juice

30

BREAKFAST: Fresh Bananas and Juice
French Toast w/ Syrup
And Milk

LUNCH: Homemade Macaroni & Cheese
Garlic Bread
Green Beans
Mixed Green Salad with Ranch
Slushy
Milk

SNACK: Chips and Juice

BREAKFAST: Peaches
Bread w/ butter
Mini Quiche
And Milk

LUNCH: Pizza
Caesar Salad w/ Ranch
Green Beans & Corn
Slushy
Milk

SNACK: Yogurt and Graham Crackers

BREAKFAST: Mandarin Oranges
WG Waffles w/ syrup
and Milk

LUNCH: Beef Picadillo
Brown Rice
Steamed Plantains
Steam Carrots
Mandarin Orange and Milk

SNACK: Cheez it Crackers and Juice

BREAKFAST: Pears
Banana Bread w/ butter
Boiled Eggs

LUNCH: Pizza
Mixed Green Salad w/ Ranch
Slushy
Bread and Milk

SNACK: Lays and Juice

BREAKFAST: Red Apple
Bread
Mini Quiche
and Milk

LUNCH: Classic Ground Taco Beef
Nacho Chips
Mexican Corn and Sheered lettuce
Refried Beans
Fruit Cocktail and Milk

SNACK: Juice & Chips

BREAKFAST: Mandarin Oranges
Biscuit
Sausage
And Milk

LUNCH: Pizza
Steam Carrots
Pears
Milk

SNACK: Doritos and Juice