

# January



## BEACON COLLEGE PREP



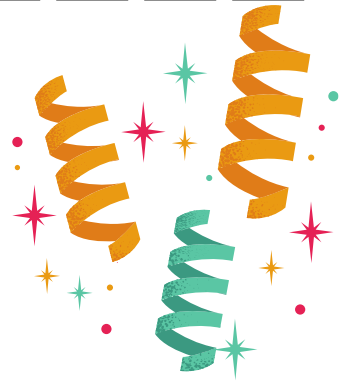
Monday

Tuesday

Wednesday

Thursday

Friday

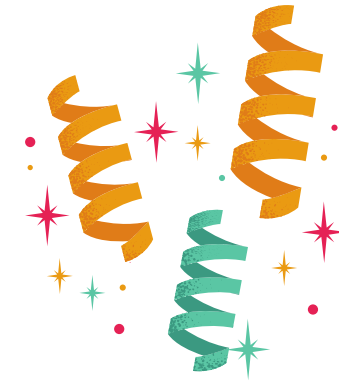


# happy New Year

01

02

03



**BREAKFAST:** Fruit and Juice  
Cereal and Milk

**LUNCH:** Chicken Ropa Vieja  
Taco Tortilla  
Black Beans  
Corn  
Mandarin Orange and Milk

**SNACK:** Goldfish Crackers and Juice

**06**

**BREAKFAST:** Fruit and Juice  
Pancake w/ syrup  
and Milk

**LUNCH:** Mac & Cheese  
Steam Carrots  
Peaches  
Milk

**SNACK:** Chocolate Chip Cookie and Juice

**07**

**BREAKFAST:** Banana and Juice  
Biscuit  
Milk

**LUNCH:** Chicken Nuggets w/ ketchup  
Brown Rice  
Green Peas  
Tropical Fruit and Milk

**SNACK:** Cheez-it and Juice

**08**

**BREAKFAST:** Fruit and Juice  
WG Waffle w/ syrup  
Milk

**LUNCH:** Arroz con Pollo Criollo w/ Corn  
Mixed Vegetables  
Bread Roll  
Mandarin Orange and Milk

**SNACK:** **Graham Crackers** and Juice

**09**

**BREAKFAST:** Fruit and Juice  
Scrambled Egg  
Sliced Bread  
Milk

**LUNCH:** Pizza  
Mixed Green Salad w/ Dressing  
Pears and Milk

**SNACK:** **Lays** and Juice

**10**

**BREAKFAST:** Fruit and Juice  
Cereal And Milk

**LUNCH:** Chicken Patty-  
Brown Rice  
Corn  
Steam Carrots  
Tropical Fruit and Milk

**SNACK:** Pretzel and Juice

**13**

**BREAKFAST:** Fruit and Juice  
Blueberry Muffin  
Milk

**LUNCH:** Special Turkey Taco  
Corn  
Refried Beans  
Peaches and Milk

**SNACK:** Oatmeal Cookie and Juice

**14**

**BREAKFAST:** Banana and Juice  
Boiled Egg  
Biscuit  
Milk

**LUNCH:** Beefaroni  
Peas and Carrots  
Bread Roll  
Pears and Milk

**SNACK:** Graham Crackers and Juice

**15**

**BREAKFAST:** Fruit and Juice  
Banana Bread  
Milk

**LUNCH:** Honey Chicken  
Brown Rice  
Mixed Vegetables  
Peaches and Milk

**SNACK:** Lays Chips and Juice

**16**

**TEACHER PLANNING DAY**

**17**



# January



## BEACON COLLEGE PREP



Monday

Tuesday

Wednesday

Thursday

Friday



20

**BREAKFAST:**  
Fruit and Juice  
Cereal  
Milk

**LUNCH:**  
Cheeseburger w/ ketchup and Mayo  
Hamburger Bun  
Sliced Carrots  
Peaches and Milk

**SNACK:**  
Cheez-it Crackers and Juice

21

**BREAKFAST:**  
Fruit and Juice  
Bagel w/ cream cheese  
Milk

**LUNCH:**  
Corn Dog  
Green Peas  
Corn  
Mandarin Orange and Milk

**SNACK:**  
Pretzels and Juice

22

**BREAKFAST:**  
Fruit and Juice  
Pancake w/ syrup  
Milk

**LUNCH:**  
Maccaroni & Cheese  
Steam Carrots  
Pears and Milk

**SNACK:**  
Animal Crackers and Juice

23

**BREAKFAST:**  
Fruit and Juice  
Chocolate Bread  
Milk

**LUNCH:**  
Pizza  
Mixed Green Salad w/ Dressing  
Pears and Milk

**SNACK:**  
Chips and Juice

24

**BREAKFAST:**  
Fruit and Juice  
Cereal and Milk

**LUNCH:**  
Chicken Ropa Vieja on a Taco  
Corn  
Refried Beans  
Mandarin Orange and Milk

**SNACK:**  
Oatmeal Cookie and Juice

27

**BREAKFAST:**  
Fruit and Juice  
Funfetti Bread  
and Milk

**LUNCH:**  
Chicken Nuggets w/ ketchup  
Brown Rice  
Peas & Carrots  
Peaches and Milk

**SNACK:**  
Pretzels and Juice

28

**BREAKFAST:**  
Fruit and Juice  
Scrambled Egg  
Sliced Bread and Milk

**LUNCH:**  
Chicken Patty  
Brown Rice  
Carrots  
Corn  
Pears and Milk

**SNACK:**  
Crackers and Juice

29

**BREAKFAST:**  
Fruit and Juice  
Banana Bread  
And Milk

**LUNCH:**  
Oriental Fried Rice  
Mixed Vegetables  
Peaches and Milk

**SNACK:**  
Lays and Juice

30

**BREAKFAST:**  
Fruit and Juice  
English Muffin w/ butter  
And Milk

**LUNCH:**  
Pizza  
Mixed Green Salad w/ Ranch  
Pears and Milk

**SNACK:**  
Graham Crackers and Juice

31