

# BEACON COLLEGE PREP """



Monday

Tuesday

Wednesday

Thursday

Friday

**BREAKFAST:** 

Fruit and Juice English Muffin w/ butter and Milk

**LUNCH:** 

Arroz Con Pollo Criollo w/ Corn Mixed Vegetables **Bread Roll** Fruit Milk

**SNACK:** 

07

14

Animal Crackers and Apple

**BREAKFAST:** 

Fruit and Juice Biscuit w/ jelly Milk

LUNCH:

Picadillo **Brown Rice** Steam Carrots **Bread Roll** Fruit and Milk

**SNACK:** 

08

Cheez-it and Juice

**BREAKFAST:** 

Fruit and Juice Pancake w/syrup Milk

**LUNCH:** 

02

09

16

Meat Balls in Marinara w/Spaguetti Peas and Carrots Fruit and Milk

**SNACK:** 

Goldfish Crackers and Juice

**BREAKFAST:** 

Fruit and Juice Scrambled Egg Sliced Bread Milk

04

**LUNCH:** 

03

10

Pizza Mixed Green Salad w/ Dressing Fruit and Milk

**SNACK:** 

Pretzel and Juice

**BREAKFAST:** 

Fruit and Juice Cereal And Milk

**LUNCH:** 

Chicken Pattv-**Brown Rice** Steam Carrots Black Beans Fruit and Milk

SNACK:

Chocolate Cookie and Juice

**BREAKFAST:** 

Fruit and Juice Sliced Bread w/ Cheese Milk

LUNCH:

Special Turkey Taco Nacho Chips Corn Lettuce Fruit and Milk

**SNACK:** 

Oatmeal Cookie and Juice

**BREAKFAST:** 

Fruit and Juice Pancake w/syrup Milk

LUNCH:

Beefaroni Peas and Carrots **Bread Roll** Fruit and Milk

**SNACK:** 

Graham Crackers and Juice

**BREAKFAST:** 

Fruit and Juice English Muffin w/ butter Milk

LUNCH:

Chicken Tender w/ ketchup **Brown Rice** Red Beans Mixed Vegetables Fruit and Milk

SNACK:

Lays Chips and Juice

**BREAKFAST:** 

Fruit and Juice Bread w/ Butter Boiled Egg

Pizza Mixed Green Salad w/ Dressing Fruit and Milk

**BREAKFAST:** 

Fruit and Juice Cereal Milk

LUNCH:

Chicken Ropa Vieja Pita Bread Refried Beans Corn Fruit and Milk

SNACK:

Goldfish Crackers and Juice

**BREAKFAST:** 

15 Fruit and Juice English Muffin w/butter Milk

LUNCH:

Cheeseburger w/ ketchup and Mayo Hamburger Bun Sliced Carrots Fruit and Milk

**BNACK:** 

Cheez-it Crackers and Juice

BREAKFAST:

Fruit and Juice Waffle w/syrup Milk

LUNCH:

Chicken Primavera Pasta Mixed Vegetables Fruit and Milk

I SNACK:

Graham Crackers and Juice

**BREAKFAST:** 

Fruit and Juice Sliced Bread Scrambled Egg and Milk

LUNCH:

Our Famous Meatballs Marinara Sun Bun Corn Fruit and Milk

**SNACK:** 

Chocolate Cookie and Juice

Milk

**LUNCH:** 

**SNACK:** 

Goldfish Crackers and Juice

TEACHER PLANNING DAY 18





# BEACON COLLEGE PREP """

### Monday

### **BREAKFAST:** Fruit and Juice

Cereal Milk

**LUNCH:** 

Chicken Nuggets w/ ketchup Brown Rice Peas and Carrots Corn Fruit Milk

**SNACK:** 

Oatmeal Cookie and Juice

## Tuesday

### **BREAKFAST:**

Fruit and Juice Biscuit w/ butter Milk

LUNCH:

**SNACK:** 

28

Special Turkey Taco Nacho Chips Refried Beans Corn Fruit Milk

Pretzels and Juice

29!

## Wednesday

#### | BREAKFAST:

Fruit and Juice Scrambled Egg Sliced Bread Milk

LUNCH:

**SNACK:** 

Mac & Cheese Steam Carrots Fruit Milk

Lays Chips and Juice

## Thursday

### **BREAKFAST:**

Fruit and Juice Waffle w/syrup Milk

LUNCH:

23

30

Hot Dog Bun Mixed Vegetables Fruit Milk

**SNACK:** Goldfish Crackers and Juice

## Friday

#### **BREAKFAST:**

Pancake w/syrup Milk

Milk

**SNACK:** 

### **BREAKFAST:**

Fruit and Juice Cereal

LUNCH:

Chicken Ropa Vieja Flour Tortilla Refried Beans Corn Fruit

**SNACK:** 

Goldfish Crackers and Juice

#### **BREAKFAST:**

Fruit and Juice English Muffin w/butter and Milk

LUNCH:

Arroz Con Pollo Criollo w/ Corn Mixed Vegetables Bread Roll Fruit Milk **SNACK:** 

Animal Crackers and Apple

#### **BREAKFAST:**

Fruit and Juice Milk

**LUNCH:** 

**SNACK:** 

Picadillo **Brown Rice** Steam Carrots **Bread Roll** Fruit and Milk

Cheez-it and Juice

Biscuit w/ jelly



24

Fruit and Juice

25

**LUNCH:** 

Pizza Mixed Green Salad w/ Dressing Fruit

Chips and Juice

