



BEACON COLLEGE PREP



Monday

Tuesday

Wednesday

Thursday

Friday



BREAKFAST: Fruit and Juice
Cereal And Milk

LUNCH: Chicken Patty-
Brown Rice
Steam Carrots
Black Beans
Fruit and Milk

SNACK: Chocolate Cookie and Juice

05

BREAKFAST: Fruit and Juice
Cinnamon Bread w/ Butter
Milk

LUNCH: Special Turkey Taco
Nacho Chips
Corn
Lettuce
Fruit and Milk

SNACK: Oatmeal Cookie and Juice

06

BREAKFAST: Fruit and Juice
Pancake w/ syrup
Milk

LUNCH: Beefaroni
Peas and Carrots
Bread Roll
Fruit and Milk

SNACK: Graham Crackers and Juice

07

BREAKFAST: Fruit and Juice
English Muffin w/ butter
Milk

LUNCH: Hot Dog
Bun
Mixed Vegetables
Fruit
Milk

SNACK: Lays Chips and Juice

08

BREAKFAST: Fruit and Juice
Bread w/ Butter
Turkey Ham
Milk

LUNCH: Pizza
Mixed Green Salad w/ Dressing
Fruit and Milk

SNACK: Goldfish Crackers and Juice

09

BREAKFAST: Fruit and Juice
Cereal
Milk

LUNCH: Chicken Ropa Vieja
Flour Tortilla
Refried Beans
Mexican Corn
Fruit and Milk

SNACK: Goldfish Crackers and Juice

12

BREAKFAST: Fruit and Juice
French Toast w/ syrup
Milk

LUNCH: Cheeseburger w/ ketchup and Mayo
Hamburger Bun
Sliced Carrots
Fruit and Milk

SNACK: Cheez-it Crackers and Juice

13

BREAKFAST: Fruit and Juice
Waffle w/ syrup
Milk

LUNCH: Chicken Primavera Pasta
Mixed Vegetables
Fruit and Milk

SNACK: Graham Crackers and Juice

14

BREAKFAST: Fruit and Juice
Sliced Bread
Scrambled Egg and Milk

LUNCH: Our Famous Meatballs Marinara
Sun Bun
Corn
Fruit and Milk

SNACK: Chocolate Cookie and Juice

15

BREAKFAST: Fruit and Juice
Pancake w/ syrup
Milk

LUNCH: Pizza
Mixed Green Salad w/ Dressing
Fruit and Milk

SNACK: Lays Chips and Juice

16



BEACON COLLEGE PREP



Monday

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BREAKFAST:

Fruit and Juice
Cereal
Milk

19

LUNCH:

Chicken Nuggets w/ ketchup
Brown Rice
Peas and Carrots
Corn
Fruit
Milk

SNACK:

Oatmeal Cookie and Juice

BREAKFAST:

Fruit and Juice
Biscuit w/ butter
Milk

20

LUNCH:

Special Turkey Taco
Nacho Chips
Refried Beans
Corn
Fruit and Milk

SNACK:

Pretzels and Juice

BREAKFAST:

Fruit and Juice
Scrambled Egg
Sliced Bread
Milk

21

LUNCH:

Mac & Cheese
Steam Carrots
Fruit
Milk

SNACK:

Lays Chips and Juice

BREAKFAST:

Fruit and Juice
Waffle w/ syrup
Milk

22

LUNCH:

Chicken Tender w/ ketchup
Brown Rice
Red Beans
Mixed Vegetables
Fruit and Milk

SNACK:

Goldfish Crackers and Juice

BREAKFAST:

Fruit and Juice
Pancake w/ syrup
Milk

23

LUNCH:

Pizza
Mixed Green Salad w/ Dressing
Fruit
Milk

SNACK:

Graham Crackers and Juice

26

BREAKFAST:

Fruit and Juice
Cereal
and Milk

27

LUNCH:

Arroz Con Pollo Criollo w/ Corn
Mixed Vegetables
Bread Roll
Fruit
Milk

SNACK:

Animal Crackers and Apple

BREAKFAST:

Fruit and Juice
Biscuit w/ jelly
Milk

28

LUNCH:

Picadillo
Brown Rice
Steam Carrots
Bread Roll
Fruit and Milk

SNACK:

Cheez-it and Juice

BREAKFAST:

Fruit and Juice
Pancake w/ syrup
Milk

29

LUNCH:

Meat Balls in Marinara
w/ Spaguetti
Peas and Carrots
Fruit and Milk

SNACK:

Goldfish Crackers and Juice

BREAKFAST:

Fruit and Juice
Scrambled Egg
Sliced Bread
Milk

30

LUNCH:

Pizza
Mixed Green Salad w/ Dressing
Fruit and Milk

SNACK:

Pretzel and Juice

