

August

Monday

Tuesday

Wednesday

Thursday

Friday

WELCOME

BREAKFAST: Fruit and Juice
Cereal
Milk

LUNCH: Ropa Vieja de Pollo
Taco Shell
Refried Beans
Corn
Fruit
Milk

SNACK: Goldfish Crackers and Juice

18

BREAKFAST: Fruit and Juice
Bagel w/ cream cheese
and Milk

LUNCH: Arroz Con Pollo Criollo w/ Corn
Mixed Vegetables
Bread Roll
Fruit
Milk

SNACK: Cheez-it and Juice

19

BREAKFAST: Fruit and Juice
Biscuit w/ jelly
Milk

LUNCH: Picadillo
Brown Rice
Steam Carrots
Bread Roll
Fruit and Milk

SNACK: President Crackers and Juice

20

BREAKFAST: Fruit and Juice
Pancake w/ syrup
Milk

LUNCH: Meat Balls in Marinara
w/ Spaguetti
Peas and Carrots
Fruit and Milk

SNACK: Lays Chips and Juice

21

BREAKFAST: Fruit and Juice
Scrambled Egg
Sliced Bread
Milk

LUNCH: Pizza
Mixed Green Salad w/ Dressing
Fruit and Milk

SNACK: Pretzel and Juice

22

BREAKFAST: Fruit and Juice
Cereal And Milk

LUNCH: Chicken Patty-
Brown Rice
Steam Carrots
Black Beans
Fruit and Milk

SNACK: Chips and Juice

25

BREAKFAST: Fruit and Juice
Cinnamon Bread w/ Butter
Milk

LUNCH: Special Turkey Taco
Nacho Chips
Corn
Lettuce
Fruit and Milk

SNACK: Yogurt and Oatmeal Cookie

26

BREAKFAST: Fruit and Juice
Pancake w/ syrup
Milk

LUNCH: Beefaroni
Peas and Carrots
Bread Roll
Fruit and Milk

SNACK: Graham Crackers and Juice

27

BREAKFAST: Fruit and Juice
English Muffin w/ butter
Milk

LUNCH: Grilled Turkey Pepperoni Cheese
Sandwich
California Blend
Chips
Fruit & Milk

SNACK: Animal Crackers and Juice

28

BREAKFAST: Fruit
Bread w/ Butter
Boiled Egg
Milk

LUNCH: Pizza
Mixed Green Salad w/ Dressing
Fruit and Milk

SNACK: Goldfish Crackers and Juice

29

BREAKFAST: Fruit
Waffle w/ syrup
Milk

LUNCH: Chicken Tender w/ ketchup
Brown Rice
Red Beans
Mixed Vegetables
Fruit and Milk

SNACK: Cookies and Juice

14

BREAKFAST: Fruit and Juice
Pancake w/ syrup
Milk

LUNCH: Pizza
Mixed Green Salad w/ Dressing
Fruit
Milk

SNACK: Crackers and Juice

15