



Beacon
COLLEGE PREP

August



Monday

Tuesday

Wednesday

Thursday

Friday

WELCOME

BREAKFAST:
Fruit and Juice
Cereal
Milk

LUNCH:
Ropa Vieja de Pollo
Taco Shell
Refried Beans
Corn
Fruit
Milk

SNACK:
Goldfish Crackers and Juice

18

BREAKFAST:
Fruit and Juice
Bagel w/ cream cheese
and Milk

LUNCH:
Arroz Con Pollo Criollo w/ Corn
Mixed Vegetables
Bread Roll
Fruit
Milk

SNACK:
Cheez-it and Juice

19

BREAKFAST:
Fruit and Juice
Biscuit w/ jelly
Milk

LUNCH:
Picadillo
Brown Rice
Steam Carrots
Bread Roll
Fruit and Milk

SNACK:
President Crackers and Juice

20

BREAKFAST:
Fruit and Juice
Pancake w/ syrup
Milk

LUNCH:
Meat Balls in Marinara
w/ Spaguetti
Peas and Carrots
Fruit and Milk

SNACK:
Lays Chips and Juice

21

BREAKFAST:
Fruit and Juice
Scrambled Egg
Sliced Bread
Milk

LUNCH:
Pizza
Mixed Green Salad w/ Dressing
Fruit and Milk

SNACK:
Pretzel and Juice

22

BREAKFAST:
Fruit and Juice
Cereal And Milk

LUNCH:
Chicken Patty-
Brown Rice
Steam Carrots
Black Beans
Fruit and Milk

SNACK:
Chips and Juice

25

BREAKFAST:
Fruit and Juice
Cinnamon Bread w/ Butter
Milk

LUNCH:
Special Turkey Taco
Nacho Chips
Corn
Lettuce
Fruit and Milk

SNACK:
Yogurt and Oatmeal Cookie

26

BREAKFAST:
Fruit and Juice
Pancake w/ syrup
Milk

LUNCH:
Beefaroni
Peas and Carrots
Bread Roll
Fruit and Milk

SNACK:
Graham Crackers and Juice

27

BREAKFAST:
Fruit and Juice
English Muffin w/ butter
Milk

LUNCH:
Grilled Turkey Pepperoni Cheese
Sandwich
California Blend
Chips
Fruit & Milk

SNACK:
Animal Crackers and Juice

28

BREAKFAST:
Fruit
Bread w/ Butter
Boiled Egg
Milk

LUNCH:
Pizza
Mixed Green Salad w/ Dressing
Fruit and Milk

SNACK:
Goldfish Crackers and Juice

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