

## S PENCENTRED





Monday Tuesday Wednesday Thursday Friday

**BREAKFAST:** 

Fruit <mark>& Juice</mark>

Cereal Milk

LUNCH:

Chicken Nuggets w/ ketchup

Brown Rice

Steamed Carrots

Fruit and Milk

SNACK:

Animal Crackers and Milk

BREAKFAST:

Fruit & Juice

Biscuit w/butter & jelly

Milk

**LUNCH:** 

Mac & Cheese

Mixed Green Salad w/ Dressing

Fruit Milk

SNACK:

Pretzels and Juice

**BREAKFAST:** 

Fruit & Juice

Fritata
Sliced Bread
Milk

LUNCH:

Roasted Chicken

Brown Rice Red Beans Steamed Carrots

Fruit & Milk

SNACK:

Goldfish Crackers and Milk

**BREAKFAST:** 

Fruit & Juice

Waffle w/ syrup Milk

LUNCH:

**SNACK:** 

Cheeseburger

Mixed Vegetables Fruit and Milk

Chips and Juice

**BREAKFAST:** 

Fruit and Juice Pancake w/ syrup

Milk

LUNCH:

4

Pizza Corn

Fruit and Milk

SNACK:

Graham Crackers and Milk

BREAKFAST:

Fruit & Juice

Cereal Milk

LUNCH:

Ropa Vieja e Pollo Flour Tortilla Refried Beans Corn Fruit

Milk

**SNACK** 

Honey Oat Crackers and Milk

**BREAKFAST:** 

Fruit <mark>& Juice</mark>

Bagel w/ cream cheese and Milk

LUNCH:

Arroz Con Pollo Criollo w/ Corn Broccoli

Broccol Fruit Milk

SNACK:

Cheez-it and Juice

**BREAKFAST:** 

Fruit <mark>& Juice</mark>

Biscuit w/ jelly Milk

LUNCH:

Empanada Moro Rice

Mixed Green Salad w/ Dressing
Fruit and Milk

SNACK:

President Crackers and Milk

BREAKFAST:

Fruit & Juice
Pancake w/ syrup

Milk

LUNCH:

Our Famous Meatballs Marinara

Sun Bun Corn Fruit and Milk

SNACK:
Chips and Juice

| BREAKFAST:

Fruit & Juice

Scrambled Egg

Sliced Bread Milk

LUNCH:

Pizza

Steam Carrots

Fruit and Milk

**SNACK:** 

Pretzel and Milk











Thursday Wednesday Tuesday Friday Monday

**BREAKFAST:** 15 Fruit & Juice Cereal And Milk LUNCH: Chicken Parmesan Sandwich w/ Sliced Bun Steam Carrots Fruit and Milk SNACK:

Cheez It and Milk

**BREAKFAST:** Fruit & Juice Cinnamon Bread w/ Butter Milk LUNCH:. Special Turkey Taco Nacho Chips Refried Beans Lettuce Fruit and Milk **SNACK:** Graham Crackers and Cheese String

16

**BREAKFAST:** Fruit & Juice Pancake w/ syrup Milk **LUNCH:** Beefaroni Mixed Green Salad w/ Dressing Garlic Bread Fruit and Milk **SNACK:** 

Pretzel and Milk

Fruit & Juice Cheese Slice English Muffin w/butter Milk LUNCH: Fried Egg Patty Pancakes w/syrup Breakfast Potatoes Fruit Medley & Milk SNACK: Goldfish Crackers and Juice

BREAKFAST:

BREAKFAST: Fruit & Juice Bread w/ Butter Egg Patty Milk **LUNCH:** Pizza Steamed Baby Carrots Fruit and Milk **SNACK:** Animal Crackers and Milk

22 23 | 29 30 |



